



FEBRUARY 3, 2014

# OFP February News



## National Wear RED Day, February 7th

Celebrate the 10<sup>th</sup> anniversary of 'Go Red for Women' this February and wear red on the first Friday in February. Since the first National Wear Red Day in 2003, there have been tremendous strides in the fight against heart disease in women. 34% fewer women now die from heart disease, saving 330 lives every day. 15% of women have quit smoking, and high cholesterol has declined by 18%. In support of the American Heart Association's 'Go Red' campaign, the building lights will be lit Red for the month of February. For more information about the local American Heart Association's efforts, connect at [www.facebook.com/sneheart](http://www.facebook.com/sneheart) or call 401-330-1711.

## National Day of Unplugging; March 7<sup>th</sup>

Do you have multiple cell phones? Take your iPad to the beach on vacation? Ever find it hard to get through a conversation without posting an update to Facebook? Is your computer always on?

We increasingly miss out on the important moments of our lives as we pass the hours with our noses buried in our iPhones and BlackBerry's, chronicling our every move through Facebook and Twitter, shielding ourselves from the outside world with the bubble of "silence" that our earphones create, and having a need to be available for work emails.

If you recognize that in yourself – or your friends, families or colleagues— join us for the National Day of Unplugging (sundown – sundown, March 7<sup>th</sup> and 8<sup>th</sup>), sign the Unplug pledge (online...quite an irony!) and start living a different life: connect with the people in your street, neighborhood and city, have an uninterrupted meal or read a book to your child.



## President's Day Observances; February 17th

The Property Management office and guest parking will be closed in observance of President's Day, Monday, February 17th; the fitness center and a limited engineering and security staff will all be available on that day. There will be a modified cleaning schedule that night, servicing those tenants that are open for business on that day. Should you require any building services during that business day, please contact security and/or create a work order, and someone will be dispatched to attend to your concerns.



## Holiday House Wares Drive; Amazing Results!

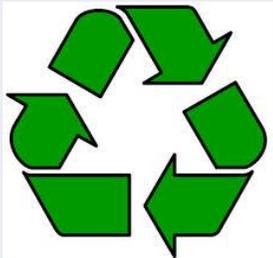
Thank you to everyone who contributed items for Housewares Drives. Cases upon cases of goods were received from the warm-hearted and generous individuals in this building.

These items will be provided to the Department of Children, Youth, and Families (DCYF), who will, in turn, have the items available for their caseworkers to provide to needy families throughout the state. Very often the caseworker will approach their supervisor about a family who isn't neglectful or abusive...they're just stumbling financially and just don't have the means available to stretch that dollar any further. Your donations will certainly help with those efforts.

## 2013 Recycling Results

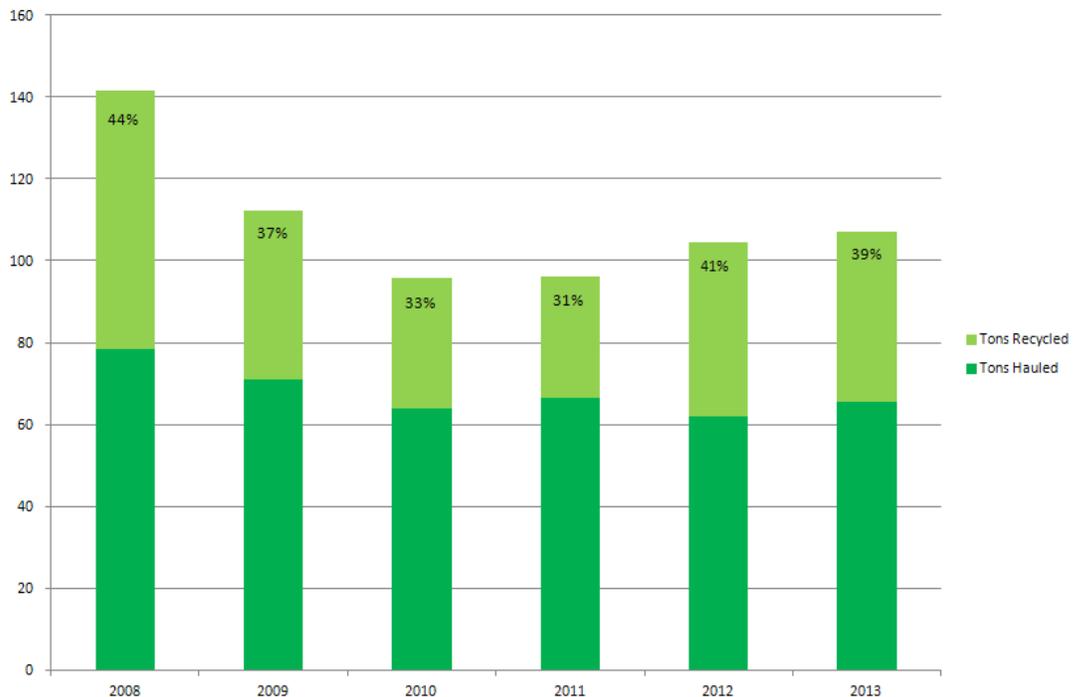
Recycling efforts include bottles, cans, office paper, cardboard, and batteries. 2013's paper recycling represented 39% of the outgoing waste stream, the third highest percentage of recycled amounts since recording began in 2008. Slightly more than 42 tons of materials departed OFP for recycling in 2013.

As a reminder, please don't "contaminate" your recyclable paper trash with anything that should truly be in the trash container (such as coffee cups, lunch trash, etc).



### Historical Yearly Trash Recycling and Hauling Totals

(numbers indicate percentage of outgoing trash volume that is sent for recycling)



## Downtown Providence Guides

The Providence Foundation was kind enough to drop off some of their 2013 Downtown Providence Map & Guides. They are available at the security desk or in the Property Management Office.

